

# Childcare Menu Week 2 - Week Commencing: 23.03.26

\*Low in Sodium & Refined Sugars

\*Nut Aware

\*Locally Sourced Produce

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MORNING TEA	 <p>PEAR, CHEESE, CORN THINS &amp; VEGGIE STICKS</p>	 <p>MELON &amp; BLUEBERRY ORGANIC YOGHURT W/ OATS</p>	 <p>SPINACH &amp; CHEESE DIP W/ TORTILLA &amp; CRUDITES</p>	 <p>TROPICAL FRUIT PLATTER W/ ORGANIC MILK</p>	 <p>BANANA &amp; MELON W/ RASPBERRY ORGANIC YOGHURT</p>
LUNCH	 <p>BEEF STROGANOFF W/ BROWN RICE</p>	 <p>WHOLEMEAL TUNA PASTA BAKE WHOLEMEAL CHICKEN PASTA BAKE W/ BROCCOLI</p>	 <p>SPAGHETTI MEATBALLS W/ CHEDDAR CHEESE</p>	 <p>MEAN GREEN MAC &amp; CHEESE W/ CARROT BATONS</p>	 <p>SANDWICHES: CHICKEN, CUCUMBER &amp; CHEESY SWEET CORN / ROAST BEEF, CHEESE &amp; BAKED BEAN SUSHI: TERIYAKI BEEF &amp; AVOCADO</p>
AFTERNOON TEA	 <p>CHEESY TOMATO PINWHEEL W/ HONEYDEW</p>	 <p>MEXICAN BEAN NACHOS / MEXICAN BEAN BURRITO</p>	 <p>STICKY DATE PUDDING W/ ORANGES</p>	 <p>BEEF &amp; KALE SAUSAGE ROLLS</p>	 <p>CHEESE &amp; VITA WEATS W/ TOMATO</p>